

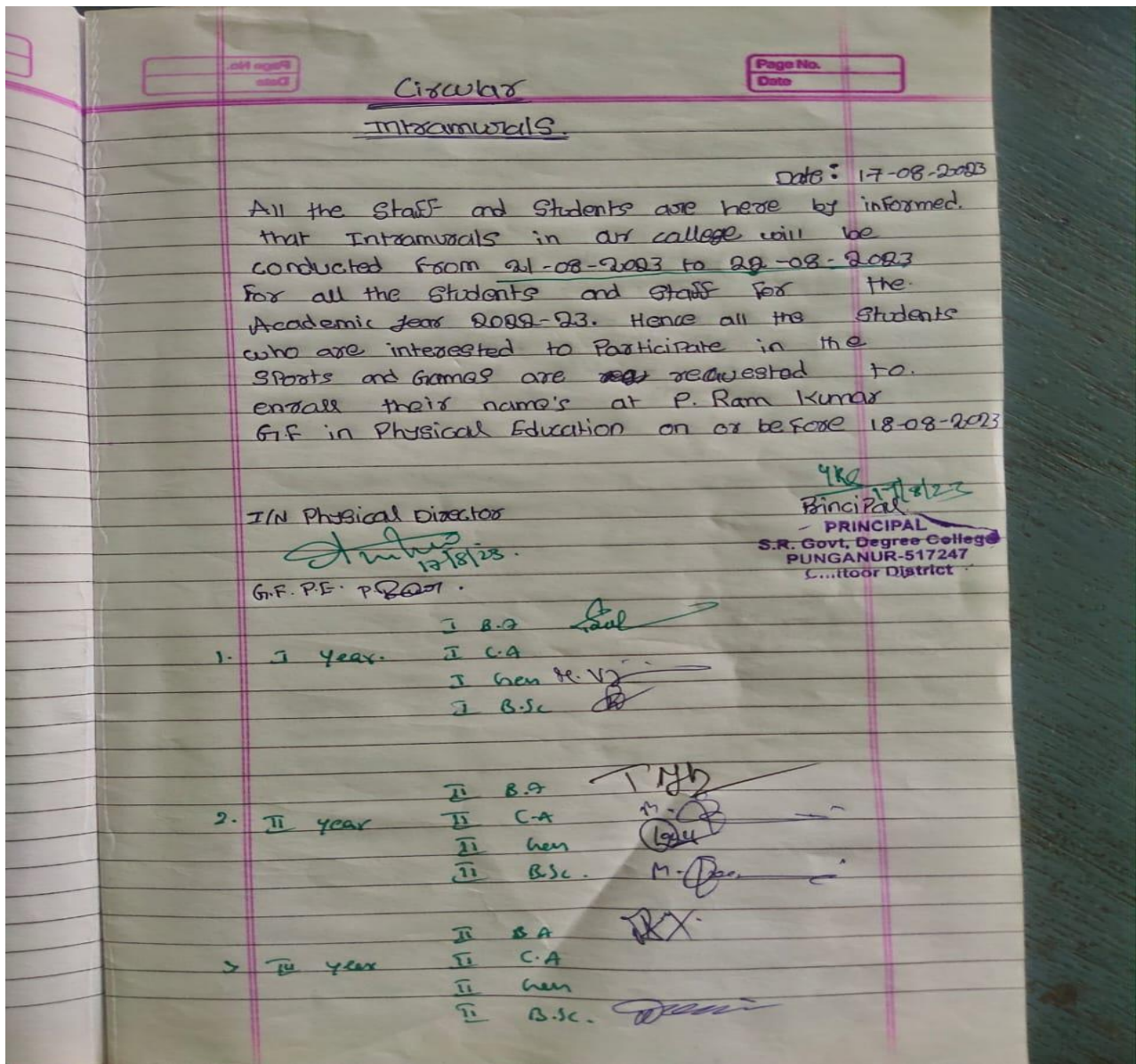
SUBHARAM GOVERNMENT DEGREE COLLEGE, PUNGANUR.
DEPARTMENT OF PHYSICAL EDUCATION

INTRAMURALS – 2022-23

(21.08.2023 TO 22.08.2023)

CIRCULAR

17-08-2023



OBJECTIVES OF THE PROGRAMME

- Opportunities for individual development through various activities.
- Opportunities for social contact and the development of lasting friendships.
- Leadership and fellowship opportunities through participation.
- Recreation for individuals, regardless of their skill ability.
- Opportunities which develop a positive attitude toward lifetime recreation.
- Opportunities for personal growth and development through employment and leadership experiences.

AGENDA

- Welcome to Teaching, Non-teaching staff, students, parents and guests.
- Puja ceremony at Kabaddi court.
- Principal's address
- Teacher's address
- Introduction of players

SCHEDULE

21.08.2023

1. Long Jump for Women
2. Shot put for Women
3. Long Jump for Men
4. Shot put for Men

22.08.2023

1. 100 mts Women
2. 200 mts Women
3. 100 mts Men
4. 800 mts Men
5. Kabaddi for Men
6. Volley ball for Men
7. Kabaddi for Women

Report of the Programme

The annual sports festival of SRGDC, Punganur was celebrated with great enthusiasm from 21.08.2023 to 22.08.2023. The programme started at 2:30 pm on 21.07.2022 with a great ceremony. Various sports and games were organised for the students of the college .The programme began with the pooja ceremony and with inaugural address by Dr. Y Rajasekhar, Principal who advised the participants to play with sportsmanship. There after the sports and games were started. The first event conducted was long jump for women followed by shot put for women and it was followed by long jump and shot put for men. On 21.08.2023 events of 100 mts men and women, 200 mts women, 800 mts men, Volley ball and Kabaddi for men were conducted. On 22.08.2023 games like Kabaddi for women were conducted and the results were announced at the end of each game.

The valedictory function was conducted on the evening of 05.09.2023 at Kalavedhika in the college. It is decided by the Principal and Sports committee to distribute the prizes on the occasion of Teachers Day. The valedictory function was concluded by Sri K Anil Kumar, Lecture-in-charge of Physical Education and vote of thanks was proposed by Sri P Ram Kumar, Guest Faculty in Physical Education.

There was a big festival like atmosphere. Meticulous preventive measures have been taken to provide need and assistance to the participants and every player who was injured is given first aid. All the students and staff participated with great enthusiasm and expressed their satisfaction on the arrangements made for conducting the sports and games.

OUTCOMES OF THE PROGRAMME

- Students learn to utilize opportunities at the institution to develop and display their skills in various physical education activities.
- Students participated for fun, enjoyment and develop participation in sports competitions
- Students acquire and develop leadership and followership qualities.
- Students learn to release tension, depression and aggression.
- Students develop mental and emotional health.
- Students develop their physical, mental, emotional and social health through participation in activities.
- Players are benefitted by getting organizing and administrative experience of conducting intramural and extramural competitions.
- Students got exposure to the competition.
- It teaches the participants to respect the game, officials, opponents, spectators and accept victory or defeat with grace.

100mts Running Event



Volley Ball Game



Kabaddi Game Men



Kabaddi Game Women



Shot Put Men & Women



Long Jump for Woman



800mts Running Event



Running Events for Women



ATTENDANCE REPORT

Event: Intramurals

Date: 21/8/2023

S.No	Name of the Student/Participant	Group/Address	Signature of the Student/Participant
1	K. Shiva	III rd B.com (CA)	K. Shiva
2	Nithin	III rd B.com (sen)	Nithin
3	navendra	III rd B.com (Mccs)	Navendra
4	S. Nagendra	II nd B.com (CA)	S. Nagendra
5	K. girivardhan	1 st B.com	K. girivardhan
6	M. venu	1 st BA	M. Venu
7	S. rohith	1 st BA	S. Rohith
8	k. chandru	1 st Bsc	k. Chandru
9	s. kadiri pathi	1 st Bsc	S. kadiri pathi
10	s. Abru	II B.com	s. Abru
11	s. Naveen	II B.com	s. Naveen
12	s. sreekanth	II BA	s. sreekanth
13	S.Reddy Rani	II BA	S. Reddy Rani
14	K. pavitra	II B.sc	k. pavitra
15	S. Supriya	II B.sc	S. supriya
16	S. Rahul	II Bsc	S. Rahul
17	K. Amrutha	I B.com	k. Amrutha
18	S. Sirisha	I B.com	k. Amrutha
19	S. Shahista	I B.com	S. Sirisha
20	M. Kusuma	I B.com	S. Shahista
21	S. Arshiya	I B.com	M. Kusuma
22	k. Gayatri	II B.sc	S. Arshiya
23	m. Sree lekha	II B.com	K. Gayatri
24	K. priyanka	II B.sc	M. Reddy Priya
25	M. reddy priya	I B.com	k. Prasad
26	k. prasad	I B.com	s. Bharu
27	S. Bharu	II BSC (MScS)	Srinivasulu
28	Srinivasulu.	II BSC (MScC)	Srinivasulu
29	k. nagaraja	II BSC (MScS)	K. nagaraja
30	M. praveenkunal	I B.com	M. praveenkunal
31	M. Ashok	I B.com	M. Ashok
32	D.M.venu	III B.com	D.M.venu
33	M. Prakash	III B.com	M. Prakash
34	G. Sreenivasulu	I B.com	G. Sreenivasulu
35	R. Sarath kumar	I BA	R. sarath kumar.
36	C. siva kumar	I BA	C. Siva kumar
37	P. Reddy maunika	I BSC	P. Reddy maunika
38	kumar saju	I BSC	kumar saju
39	Bhanu Prasad	I B.com	Bhanu Prasad
40	V. Anarath kumar	II B.com	V. Anarath Prasad
41	B. Mahesh	II B.com	B. Mahesh

Feedback from the Students

Event: Intramurals

Date: 21/8/2023

It helps in Making students disciplined which is a good trait for a successful life. Students learn the value of team work since in real life it plays an imperative role.
S. Mubarak.

It given students a chance to spend their time in a quality manner rather than wasting it on useless things.

M. Gangothri

It helps in building a strong bond with others. It helps in making students disciplined which is a good trait for a successful life

D. Reddy

Students learn the value of teamwork since in real life it plays an imperative role. It helps in building a strong bond with others

B. Pruthvi